The VIRTUES and USES of
The Coxdial Spirit of Saffron.

To be taken two three or four Spoonfuls at a time, according as the Stomach is more or leſs indiſpoſed, and moſt eſpecially in a Morning after a heat of Wine overnight, walking after it, which effectually cuts the Phlegme, chearreth the Spirits diſſipates the Cloudy Vapours diſturbing the Brain, whets an appetite for Dinner; the reſt of the admirable Virtues of *SAFFRON* and this Spirit enſue.

SAFFRON it ſelf is of ſuch excellent virtue and of ſo great uſe among many Nations, as Germans, Polanders, Hungarians, Bohemians, Sclavonians, Scoats, Turks, *and divers others, that they commonly boil no Fleſh, no Fiſh, no Milk, no Herb, or any thing elſe fit for Meats, without ſome Saffron, which they do, both to cauſe the better Concoction of the Dyet, and to make their own Spirits chearful, and to preſerve themſelves againſt the injury of corrupted Air, or againſt the violence of any Diſtemper: Wherefore the Spirit well made of it, is of ſuch virtue, and of ſo high eſteem in Phyſick, that it is thought almoſt alone to be ſufficient againſt any Diſtemper.*

MOreover the Spirit of **Saffron** (taken according to the Directions near the end of this Paper) is of ſingular uſe in the following Diſtempers. *viz.*

Conſumption, It ſo helpeth, that by the bleſſing of God it eaſily reſtoreth the Patient to perfect Health; for it ripeneth the Ulcers of the Lungs, cleanſeth, and with a gentle Adſtringency and Incarnative faculty healeth them; it mitigates the Cough, takes away the Diſtillations of the Brain, and amends the ſalt and ſharp humours.

Aſthma, that is, Difficulty of Breathing, and Phtyſical (or Tiſſical) Perſons it much helpeth; for it concocts, ripeneth, and conſumeth the crude and groſs humours ſticking to the Lungs, and reſtoreth to them the faculty of eaſie breathing.

Melancholly, and ſad Conſtitutions it greatly comforts; for it amends the faults of the Liver and Gall: it diſſipates the Hypocondriack flatulency, it ſtrengthneth and comforts the Heart, and wonderfully cauſeth Mirth.

Swooning, herein it is highly worthy of praiſe; for it happily reſtoreth the Spirits that are loſt by their vaniſhing away through the pores of the Body, by their exceeding ſubtilty and volatility, &c.

Apoplexie, herein it hath a great Power, for it helpeth the Brain, and ſtrengthneth the ſame, aſſwaging the Phlegmatick and groſs humours, ſwelling with Wind, and waſting with Acidity the Muſcles, and Nerves, freeth the obſtructed paſſages of the Spirits, and ſhakes off deep and profound drowſineſs.

Yellow Jaundice, the Spirit of Saffron, with equal quantity of Juice of Lemmons, or Water of Sorrel, and ſweetned with a little Sugar, is an eſpecial remedy: for it openeth the obſtructions of the Liver and Gall, and by natural property from all parts of the Body draweth the Choler, altereth it, and expels it by Urine; whence enſues a beautiful, ruddy, healthy Complexion.

Plague, Meaſles, and Small-Pox. Both to prevent them, and expel them, its Uſe is frequently known; for it is of ſubtle parts, and eaſily penetrates, and cauſeth Sweat.

Agues. In the Cold Fit it may be taken with great Comfort to the Patient.

Strangury, Stone, and Gravel. It is of great Worth; for it openeth the Obſtructions of the Urinal Paſſages, aſſwageth the acrimony of the Humours, forceth Urin, Gravel, and ſmall Stones, and takes away the Pain.

For Womens Terms, and Women in Child-bed, It is a Noble Cordial, It is likewiſe a great Enemy to Barenneſs, and highly provoketh Venery.

Looſneſs, Bloody Flux, Griping of the Guts. It is very profitable againſt theſe Diſtempers, for it concocts the raw Phlegm about the Belly and ſmall Guts, that cauſeth looſneſs: It corrects the acrimony and ſharpneſs of Humours that irritate and force Nature to go to ſtool often. It ſtrengthneth the Bowels, and healeth the Ulcers of the ſame.

Empyema or Impoſtume, newly begun in the ſide, it helpeth very much, for it eaſily diſperſeth the gathered Humours and flatulency or windineſs therein.

Trembling of heart: It is very good for them that are troubled with trembling of Heart, for it allayeth the vehement fermentation of Blood; it diſſipates the thick and groſs vapours encloſed in and about the Heart, and it reſtoreth chearfulneſs to the ſame.

Pains, Dulneſs of Hearing, and Noiſe of Ears, are remedied by this Spirit; for it diſperſeth the groſs Humours gathered about the Tympanum of the Ears, and diſſipates the flatulency encloſed in the Brain, if ſome Drops thereof be mixed with Womans Milk, or Oyl of Bitter Almonds. It alſo ripeneth, breaketh, cleanſeth, and healeth Ulcers in the Ears, if it be dropped into a roaſted Onyon, and be applied to the Ears.

Scurvey. This Spirit is moſt excellent to prevent this Diſtemper, ſo epidemical and common, that it becomes the Spring or Cauſe of many Diſeaſes that perplex Mankind; it likewiſe in a great meaſure cures it, and for this end is carried to Sea, for long Voyages, through hot Climates, and is known to reſtore the Native Vigour, with a good Countenance.

Weakneſs of Stomach, and an inclination to Vomit often, it wonderfully helpeth, for it concocts, diſſipateth, and conſumeth the raw humours, diſperſeth the flatulency, ſtrengtheneth the Stomach, brings a good appetite, and cauſeth good digeſtion.

In a Baſtard Pluriſie it is an excellent Remedy, for it openeth the Breaſt, cuts the Phlegm in it, expelleth the Wind, and freeth the Lungs from all Obſtructions.

Colds, Indiſpoſition of Body. Take a Spoonful or two in a Morning; for it concocts the Humours in the Stomach, amends the ſharpneſs of them, and diſſolves the Phlegm: Yea, this Spirit of Saffron is of ſo general Uſe, that it may be mixed with any Phyſick, proper for any Diſtemper, to increaſe its Operating Faculty.

Note, A Man or Woman of Age, labouring under the ſaid Diſtempers, may take one or two Spoonfuls of this Spirit at a time, by it ſelf, if they be not in burning or Hectick Fevers; but if ſo, let them mix it with ſome cooling Drink, or Syrrups proper for thoſe Diſtempers, and take little Quantities of it four times a day, to wit, early in the Morning, between Meals, and late at Night when they go to Bed.

The Virtues and Uſes of this Spirit of Saffron are taken out of a Letter or Manuſcript of a moſt Learned and long experienced German *Phyſician*, G. Agricola, *communicated to a Friend of his here, in regard* England *yields the beſt Saffron in the World, and makes the leaſt uſe of it, in reference to their own Health.* Tranſlated and Publiſhed by *John Collins* è Reg. Soc. Philomath.

The Coffee-Houſes following are furniſhed therewith.

Mr. Alexander Man *at* Charing Croſs.
Mr. Vigures *in the Old* Palace-Yard Weſtminſter.
Mr. Brewens *near* Guild-Hall.
Mr. Samuel Booth *in* Ave-Mary Lane.
Mr. Richard Torvers *at* Temple-Barr.
Mr. Ward *in* Bread-Street.
Mr. Earling *in* Row-Street Common-Garden.
Mr. *Thomas Straud*, at the Corner of the *Pall-Mall*, againſt St. *James's*.
Mr. John Dicas *in* Fullers Rents *near* Grays-Inn.
Mr. Henry Gardiner *at St.* Mary-Overy's Dock.
Mr. Bond *at* Leaden-Hall.
Mr. Ogdon *without* Algate.
Mr. Woolſe *at the* Still-yard.
Mr. John Smithiers *againſt the* Cuſtom-houſe.
Mr. John Painter *in* Newmans Court, Cornhill.
Mr. Richard Rogerſon *behind the* Exchange.
Mr. *Kidd* in *Bartholomew-Lane* behind the *Exchange*.
Mr. Thomas Nicholſon *in* Birching Lane.
Mr. Tobias Collier *in* Pye-Corner.
Widdow Ward *on* Snow Hill.
Mr. James Probut, *at the* Rainbow *at the Corner of St.* Martins Lane.
Mr. Heyrick, *at the Corner of* Charter-houſe *Lane*.
Mr. Heavyſides *in* Hart-ſtreet *without* Newgate.
Widdow Soame *againſt the* Boars-head *in* Eaſtcheape.
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Mr. Richard Tart *in St.* Bartholomews *Court* Smithfield.
Mr. *George Marmion* in St. *Martins le Grand*, at the Harrow.
Mr. Kiftel, *near the* Naggs-head, Cheapſide.
Mr. Shipton *at* Fleet-Ditch, *near the* Derby-Ale-houſe.
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Mr. *Thomas Flowre*, Clerk of St. *Katherines Coleman*, in *Magpy-Alley* in *Fenchurch-ſtreet*.
Mr. Edward Painter, *Shoomaker in* Catt-ſtreet, Oxford.

The ſaid SPIRIT is diſtilled from the beſt ſort of Wine *and* Saffron, *and is to be had at the Houſe of Mr.* Randal Taylor, *Beadle of the* Stationers *Company, near their Hall by* Ludgate; *from whence the aboveſaid Coffee-Houſes, &c. were furniſhed therewith: And is ſold in Bottles ſealed up, the Half-Pint Bottle at One Shilling three Pence, the Pint Bottle Half a Crown, and Quart Bottle a Crown.*

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